

£199 per course



ANNUAL BASIC LIFE SUPPORT UPDATE

Interactive and practical BLS training to include:

- Overview of the ABCDE approach
 - Baby, child and adult choking
 - Baby, child and adult CPR
 - Safe and effective use of an AED
 - Anaphylaxis care and use of an autoinjector
 - Emergency kit check
- ✓ **Delivered over 90 minutes**
- ✓ **An attendance certificate is issued which is valid for 12 months.**
- ✓ **£199 per course (16 people, onsite Lancashire only)**

To book your place call 01772 717147 or email sian@heartbeat-nwcc.org.uk



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