£5pp

IT'S TIME TO LEARN LIFE SAVING FIRST AID SKILLS

What would your initial reaction be if a child in your care started choking? Would you know what steps to take if someone started having a heart attack? And if a family member suddenly became unconscious, would you know what to do? If the answer is NO, then come along to one of the below sessions to learn the basics.

2020 dates

- **Tuesday 10th March 1-3pm**
- **Thursday 21st May 10-12pm**
- **Thursday 24th September 10-12pm**
- **Tuesday 10th November 1-3pm**

HEARTBEAT NWCC, SIR TOM FINNEY WAY, PRESTON, LANASHIRE, PR1 6PA

To book your place call 01772 717147 or email info@heartbeat-nwcc.org.uk

Heartbeat North West Cardiac Care

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