

£59.99pp



# EMERGENCY FIRST AID AT WORK (LEVEL 2)

## Emergency First Aid at Work - Blended learning

This regulated qualification is ideal for those already working or preparing to work within industry wishing to become an Emergency First Aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (NI) 1982 and subsequent changes including the 2017 updates.

**This course includes the latest CPR and Coronavirus recommendations.**

You now have the option to complete your Emergency First Aid at Work course as a blended course, with 4 hours of online training followed by 3 hours in the classroom. Our blended training allows you to learn the theory at your pace at a time that suits you.

### Course description

This course runs in two parts, in order to be fully qualified you must ensure both the online and face-to-face part of the course are completed. The online section of this course must be completed before attending the face-to-face section.

### Price

£59.99 per person



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## **In-House / On-site courses**

If you have several employees that you wish to train as a First Aid Instructor why not consider an onsite course.

### **Part 1: Online**

This part of the course is self-directed. You can complete the modules at your own pace in your own environment providing you the flexibility you need. The online training must be completed within the 6 weeks prior to your face to face training.

### **Part 2: Face-to-face (on/off site)**

During this practical session you will be in a small group with fellow blended course mates. The day will be led by a specialist trainer who will teach you about the essential lifesaving skills required for your qualification. Throughout the day you will take part in small group activities, practicing essential lifesaving skills and have the chance to ask your trainer any questions. You will also complete a small number of practical assessments; this will include assessment on your online training topics. Please note that any group or practical activities will take place with social distancing measures in place.

### **Adaptations to the assessment of first aid qualifications**

The following adaptations have been made during this period to allow effective assessment of learners whilst respecting social distancing measures:

#### **CARDIOPULMONARY RESUSCITATION (CPR)**

- The Resuscitation Council still require regulated training providers to teach rescue breaths. During training rescue breaths will be taught, as normal, but we will also cover the protocols for first aiders when dealing with 'live' casualties during the COVID-19 pandemic
- Individual manikins will be provided for each learner
- Manikins lungs and airways will be replaced and disposed of after each training session
- Manikins will be cleaned and wiped down with 70% alcohol wipes
- You may use individual face shields

#### **RECOVERY POSITION**

- Where adequate PPE is available, and learners are willing, you will demonstrate placement of a casualty into the recovery position
- Gloves, face coverings and hand sanitiser must be used to maximise safety
- Where PPE is not available, or you are unwilling, then you will be asked to demonstrate the recovery position by placing yourself into the position, but also verbally state all steps

#### **SECONDARY ASSESSMENT**

- Learners will be required to verbally explain all steps they would take when completing a secondary assessment
- A casualty can be used, ensuring social distancing is kept, and the learner can talk through the assessment and ask the casualty any questions as needed

#### **CHOKING**

- Learners are able to demonstrate the procedure for assisting a choking casualty on a manikin
- Learners can demonstrate the action for back blows and abdominal thrusts ensuring they are positioning their hands at the correct point on the manikin and carrying out the motion

#### **BANDAGING AND SLINGS**

- Where adequate PPE is available, and learners are willing, they should demonstrate the application of bandaging and slings on another learner
- Gloves, face coverings and hand sanitiser must be used to maximise the safety of learners
- Learners will be provided with their own bandages and slings and these must not be shared
- Where PPE is not available, or the learners are unwilling, then they should demonstrate the application of a bandage and sling on themselves

If you have any questions regarding any of the above information please get in touch via email: [sian@heartbeat-nwcc.org.uk](mailto:sian@heartbeat-nwcc.org.uk) or call: 01772 717147 to discuss.