

£59.99pp



# FIRST AID FOR MENTAL HEALTH (1 DAY) LEVEL 2

This qualification provides you with the knowledge to recognise a range of mental health conditions, how to start a supportive conversation and when and how to signpost a person to seek appropriate professional help.

23<sup>rd</sup> February 2021 – 8:30-4:00pm

27<sup>th</sup> July 2021 – 8:30-4:00pm

26<sup>th</sup> October 2021 – 8:30-4:00pm

**HEARTBEAT NWCC, SIR TOM FINNEY WAY, PRESTON,  
LANASHIRE, PR1 6PA**

*To book your place call 01772 717147 or email [sian@heartbeat-nwcc.org.uk](mailto:sian@heartbeat-nwcc.org.uk)*



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